

## Effective Treatment

# ASAP provides effective treatment for young people and their families.

ASAP Cincinnati is an outpatient behavioral health treatment facility for adolescents and young adults. ASAP offers an array of effective substance use treatment options that range from education to intensive outpatient treatment. These programs are designed to help teens who are using alcohol or other drugs on an occasional or regular basis.

ASAP also offers mental health treatment for teens at an intensive outpatient (IOP) level of care. Our dialectical behavior therapy (DBT) based IOP program is designed to help teens and their caregivers have more effective communication, find middle paths, and regulate emotions.

The programs offered at ASAP are unique to the Greater Cincinnati area.

## ASAP offers a comprehensive drug and alcohol assessment which meets the requirements of court-order diversion programs.

Caregivers and their teen (until age 20) meet with one of our skilled clinicians for approximately 2 hours. During this appointment, our counselor will get to know you and your teen, in order to get a clear picture of the teen's substance use. This service is required before starting any ASAP treatment program. Parents can depend on our recommendations which utilize the American Society of Addictions Medicine (ASAM) criteria.

For clients 20 or older, including a caregiver or other support person during an assessment is an option.

## ASAP's programs are evidence-based and provide the most effective treatment services available.

We are certified by the State of Ohio, and we are a consistent recipient of a 3-year CARF certification (the highest available). We continually review all of our methods to assure they are based on the newest research and follow evidence-based treatment models (12). Each member of the ASAP staff receives ongoing training and is highly qualified with specific experience working

with teens who have substance use and/or mental health concerns. ASAP integrates a strong family component into our treatment models and our clinicians all possess an understanding and expertise of best practices in family treatment.

## Our facility is central and easily accessed.

Our suburban office setting is safe and comfortable for families. We are conveniently [located](#) at the intersection of Ronald Reagan Highway and Kenwood Road (one exit west of I-71). You won't have to wander through a hospital to find where you are going.

## ASAP offers treatment that is far more affordable than other similar programs.

ASAP is committed to keeping treatment affordable for the families we serve. ASAP strives to keep costs low. Inpatient and residential treatment programs are cost prohibitive for most families. Outpatient treatment is an effective treatment option that is more affordable. We work with most major [private insurance companies](#) and are happy to help families navigate the often confusing insurance industry.