

How do I Know if My Child Needs Help?

Parents are often unsure about whether their child needs help for a drug and alcohol issue.

One indication of substance use disorder is your teenager's behaviors. Parents often see troubling behaviors like being secretive, sneaking out, changing friends. They wonder if your child needs help with alcohol or other drugs, or if these are "just normal teen problems."

Take this test to see if your child might benefit from [ASAP treatment programs](#). Please complete all questions, or answer no to any questions that are not applicable.

If you have any questions about our programming or the questions found below, please give us a call at 513.792.1272 or contact us through our website.

Self Test for Parents: Find out if your child needs help

Has your child ever drank alcohol, smoked marijuana or used other drugs that were not prescribed to them?

- Yes
- No
-

Have you ever wondered if your child has a problem with alcohol or drug use?

- Yes
- No
-

Has your child ever been in trouble with school or with the court system related to substance use?

- Yes
- No
-

Have your teen's grades gotten worse recently?

- Yes

No

Yes
Has anyone ever expressed concerns about your child related to alcohol/drug use?

Yes

No

Yes
Has your child ever missed school or been tardy due to drinking, getting high, or being hung over?

Yes

No

Yes
Has your child recently changed their friend group or remain secretive and protective about who they hang out with?

Yes

No

Yes
Does your teen give reasons or excuses when you ask why he or she drinks/uses drugs?

Yes

No

Yes
Have you ever found alcohol, marijuana, pills or paraphernalia (e.g., bong, bowls, lighters, rolling papers) in your teen's car, on their person, or in your home?

Yes

No

Yes
Have you recently felt concerns about your child, even if you aren't sure its alcohol/drug related?

Yes

No

Yes
Has your child ever gotten high or drunk alcohol before school or work?

Yes

No

Yes
Has your child ever lied about alcohol/drug use?

Yes

No

Yes
Have you ever seen your teen's text messages or social media posts asking friends what happened the night before?

Yes

No

Yes

Has your child ever taken your money or sold possessions to buy drugs or alcohol?

- Yes
- No
-

Has your child ever driven home when you knew or suspected he or she had used drugs or drank alcohol?

- Yes
- No
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