



Teen Substance Use Treatment: Strengthening Cincinnati Families

When searching for teen substance use treatment, Cincinnati families find something extraordinary at ASAP Cincinnati – an intensive outpatient program (IOP) that delivers measurable results. Since 2008, our evidence-based approach has helped hundreds of local families navigate the challenges of teen substance use recovery. Our success in teen substance use recovery is built on four fundamental pillars that maximize treatment success.

Family-Centered Substance Use

Treatment in Cincinnati

Strong Family Integration for Teen Substance Use Treatment

Teen substance use treatment succeeds when families heal together. Our results prove it: 95% of families report significant improvements in family life after treatment. Our comprehensive [TRIP](#) substance use program includes:

- Weekly caregiver and family groups that provide essential recovery tools
- Evidence-based recovery approach proven effective for teens
- Take-home strategies for supporting sobriety and preventing relapse
- Ongoing guidance for sustainable recovery
- Comprehensive caregiver support and education
- Family sessions focused on healing relationships
- Regular progress updates and milestone celebrations

Expert Treatment Team

Coordinated Care Approach for Teen Substance Use Treatment

Our substance use treatment specialists create a foundation for lasting recovery:

- Licensed clinicians specialized in teen substance use and co-occurring disorders
- Regular family meetings with dedicated staff members who understand adolescent challenges
- Individualized treatment plans tailored to each teen's specific needs
- Comprehensive assessment and ongoing progress monitoring with most urine drug screens included in the cost of treatment
- Seamless care coordination (as indicated) with:
 - Primary Care Physicians
 - Mental Health Providers
 - Schools
 - Court systems

Teen-Focused Substance Use Recovery

Age-Appropriate Treatment Methods

Our adolescent substance use program delivers proven outcomes:

- 88% of teens achieve significant reduction in substance use



within 10 weeks

- 90% show improvements in academic performance and behavior
- After-school and weekend scheduling that maintains normal routines
- Age-appropriate recovery curriculum addressing real-world challenges
- Peer support groups that fit school schedules
- Early intervention approach preventing escalation
- Life skills development for lasting success
- Relapse prevention strategies
- Healthy coping mechanisms development
- Sober support network building

Program Excellence

Teen Substance Use Treatment Designed for Your Family

We maintain the highest standards in teen substance use treatment:

- CARF-accredited intensive outpatient program demonstrating quality care
- Small group sizes for personalized care
- Major insurance plans accepted for accessible care
- Evidence-based substance use treatment
- Convenient Kenwood location near I-71
- Continuing care planning
- Family satisfaction surveys showing consistent positive results

Take the First Step in Teen Substance Use Treatment

At ASAP Cincinnati, we understand that seeking help for teen substance use can feel overwhelming. Our caring team is here to guide you through every step of the recovery journey. With our proven approach and commitment to family healing, we help teens and their families build stronger futures together.

[Contact us](#) today (or call 513.792.1272) to learn how our teen substance use treatment program can help your family thrive. Most families are scheduled to begin their recovery journey within 72 hours of reaching out. At ASAP, we are Transforming Tomorrow, Starting Today!