ASAP is Cincinnati's premiere outpatient treatment center for teenagers and their families struggling with substance use.



## <u>Does My Child Need an Assessment?</u>

Any time you <u>suspect</u> that your child is using drugs or alcohol is a good time to have an assessment. Sometimes schools or courts recommend a child have an assessment to make sure there isn't a more serious issue. You don't have to wait until you are sure there is an issue to get your child help.

## **Warning Signs**

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These are common problems among those who have a Substance Use Disorder.			
4	Drug or alcohol use		Legal Problems
<b>3</b>	School problems		Vulnerable to physical illness
	Poor relationship choices	ું ફ	Reduced respect
<b>©</b>	Risky sexual behaviors	<b>②</b>	Depression and/or anxiety
=	Changes in sleep patterns	<b>(P</b>	ADHD
0	Changes in friends		Lying
<b>*</b>	Behavior problems		Stealing money or medication
	Traffic accidents		
Has your child experienced any of these issues?			

It is a good idea to come in for an assessment if:

- You know or suspect that your child is using alcohol or other drugs
- You have found alcohol or other drugs in your child's room, car, or backpack
- Your child is experiencing consequences at home, in school, or with the court system that may be related to alcohol or other drug use
- You know or suspect that your child's friends are using
- You have found evidence of use on your child's phone
- Your child's friends or others close to your family have expressed concern
- Your child and family have gone through some of the problems in the chart above

## Why have an assessment?

- to have a substance abuse professional look at what type of alcohol or other drug (AOD) issue your child is having
- to use professional standards to recommend a course of treatment (if any is needed).

The assessment might find that your child is using sporadically and needs education. It may discover that your child has a more serious problem. These teens can be benefit from an Intensive Outpatient Program or a Residential Program.

While ASAP does not offer every level of care, our clinicians use the <u>American Society of Addiction</u>

GET HELP NOW 513,792,1272

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<u>Medicine</u> criteria to determine what type of care is needed. We can also assist you in finding the help your child needs, by making <u>recommendations</u>, if we are not able to provide that care.

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Retrieved: June 6, 2025 © 2016 - 2025, ASAP Cincinnati