

ASAP Treatment Programs

ASAP offers outpatient services to meet the needs of teens with substance abuse and mental health problems.

ASAP provides specialized treatment for teens. Our treatment programs are built on evidence-based practices that ensure effective care for your child. Adhering to the continuum of care at ASAP maximizes your teen's likelihood for success in our treatment programs.

ASAP treatment programs include:

- [TRIP Intensive Outpatient Program](#) for Substance Use Disorders
- [Clarity Intensive Outpatient DBT Program](#) for Behavioral Health
- [CHOICES Education Program](#)
- [Individual Therapy](#)
- [Continuing Care](#)

The TRIP, Clarity Intensive, CHOICES, and Continuing Care treatment programs use a rolling entry model, encouraging more experienced group members to provide positive examples of recovery for those just beginning the process. Group models allow teens to provide direct feedback to each other while a trained professional guides group discussions.

All programs emphasize parental involvement, as research indicates the most effective treatment addresses family issues that often accompany these types of problems.

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