



The ASAP Cincinnati Story: Building a Legacy of Adolescent Recovery

Welcome to ASAP Cincinnati!

ASAP Cincinnati has been a dedicated leader in adolescent recovery since its inception in 2008. Our family focused substance abuse and mental health treatment programs offer real hope to families with struggling teens. Over the years, we have become a trusted name in the Greater Cincinnati area, offering evidence-based, compassionate care for teenagers and their families.

Our Story: Evolution Through Dedication

ASAP was founded as Adolescent Substance Abuse Programs, with a commitment to providing specialized substance abuse treatment for adolescents—a mission that remains at the heart of everything we do. From humble beginnings with just two part-time clinicians, ASAP has grown into a multifaceted organization with a dozen [staff members](#), including psychologists, certified

counselors, and specialists. Our team spans diverse backgrounds, expertise, and personal experiences, fostering an inclusive and empathetic environment.

In 2014, we relocated to a bigger suite to keep up with growing demand. The new space offered comfortable therapy rooms, group treatment areas, and rooms for family counseling. To respond to the growing mental health crisis, we introduced the Clarity Intensive DBT Program, in 2018, broadening our reach to help more adolescents, and rebranding to ASAP Cincinnati. By 2023, we envisioned a new space to host more groups and support meetings, creating an even more inviting atmosphere. We moved upstairs into this new suite in 2024 and are excited to continue supporting families for many years ahead.

Leadership: Strength in Transition



*Dr. Richard Baum, founder of ASAP
Cincinnati*

In 2008, Dr. Richard Baum founded Adolescent Substance Abuse Programs to support Cincinnati area teens in the early stages of recovery. He carefully developed and nurtured the program through its formative years. Even after his ALS diagnosis in 2018, Dr. Rick remained unwavering in his dedication. His leadership and courage guided us through the challenges of the COVID-19 pandemic, ensuring we remained a vital part of many families' lives.

In 2021, he transferred the leadership of ASAP to his son, [Dr. David Baum](#), a psychologist and addiction specialist. After Dr. Rick's passing, we honored his legacy by establishing The Dr. Richard L. Baum Memorial Family Room, a dedicated space for family meetings. Today, Dr. David continues to lead ASAP with innovation and care, carrying forward the mission his father began.

Innovative Programs for Adolescent Recovery

At ASAP, we believe in meeting adolescents and their families where they are in their journey toward recovery. Our services have evolved to include:



- [The TRIP Program](#): Our signature intensive outpatient program (IOP) designed specifically for teenagers with diagnosed substance use disorders.
- [Clarity Intensive](#): A Dialectical Behavior Therapy (DBT)-infused IOP for teens with mental health challenges. This program has been widely recognized for its comprehensive approach, including parental involvement and skill-building sessions.
- [Parent and Family Programming](#): Families are at the center of recovery. Weekly groups and family-focused activities ensure a collaborative approach to treatment.
- [Continuing Care](#): All teens who graduate from our IOP treatment programs are strongly encouraged to join our program-specific continuing care programs. These programs help to ensure that your family continues to work on the goals set during treatment and reduce the likelihood of any unexpected setbacks.

Community and Collaboration

Our partnerships with Cincinnati Children's Hospital, local schools, and mental health providers ensure we remain deeply embedded in the community. Additionally, we work closely with local universities to provide training and practicum placements for their graduate school students. ASAP also actively engages with professional organizations and holds regular training for psychiatry

fellows, ensuring we remain at the forefront of adolescent recovery care.

Our Commitment to Quality Adolescent Recovery Programs

ASAP's commitment to excellence is reflected in our CARF accreditation, which we have maintained since beginning our program, continual staff training, and implementation of cutting-edge, research-backed curricula. We prioritize empowering adolescents with life skills, confidence, and family support to help sustain long-term recovery from substance use and mental health problems.

Join the Journey

At ASAP Cincinnati, we believe every adolescent deserves the chance to thrive. Let us walk alongside your family in the journey toward recovery. Reach out today and discover the difference compassionate, evidence-based care can make.